

# **ASSESSMENT TOOL - INITIAL ASSESSMENT**

My Professional ID (2022-1-IT02-KA210-ADU-000084814)

LOCATION MOBILITY Braga 30th January - 1st February 2024 Module Professional Identity Building

EVALUATION CRITERIA															
EVALUATE FROM 1-5															
1 Insuficcient															
2 Enough															
3 Sufficient															
4 Good															
5 Optimal															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Professional Competencies Assessment															
Definition and types of professional competencies.	4	4	2	3	3	2	3	4	3	3	3	3	3	3	3
Competency assessment tools.	3	4	1	3	3	2	3	4	2	3	3	3	3	3	3
Identifying personal strengths and areas for improvement.	3	4	2	3	4	3	3	4	3	3	3	4	3	3	4
Soft Skills Assessment															
What soft skills are.	4	4	3	3	4	1	3	4	2	4	3	4	4	3	5
Soft skills assessment tools.	4	4	2	3	2	1	3	4	2	3	3	2	4	3	3
Analyze and identify relevant soft skills.	3	4	2	3	3	1	3	4	2	3	3	3	4	3	3
Building Professional Identity															
Professional goal setting methods.	3	5	1	3	2	2	3	4	2	3	3	3	3	3	3
Personal Branding strategies.	4	4	1	1	2	1	3	4	2	3	3	2	4	3	2
Identify resources and support for building professional identity.	3	4	1	2	3	1	3	3	2	2	3	4	3	3	3
TOTAL	28	37	15	24	26	14	27	35	20	27	27	28	31	27	29

#### Initial Assessment - Scale (1-Insuficcient; 2-Enough; 3-Suficient; 4-Good; 5-Optimal)

#### **Professional Competencies Assessment**

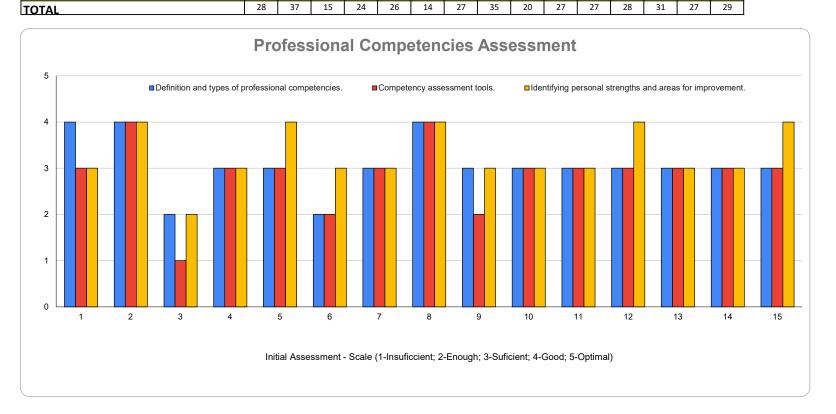
Inicial Assesment Participants	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Definition and types of professional competencies.	4	4	2	3	3	2	3	4	3	3	3	3	3	3	3
Competency assessment tools.	3	4	1	3	3	2	3	4	2	3	3	3	3	3	3
Identifying personal strengths and areas for improvement.	3	4	2	3	4	3	3	4	3	3	3	4	3	3	4

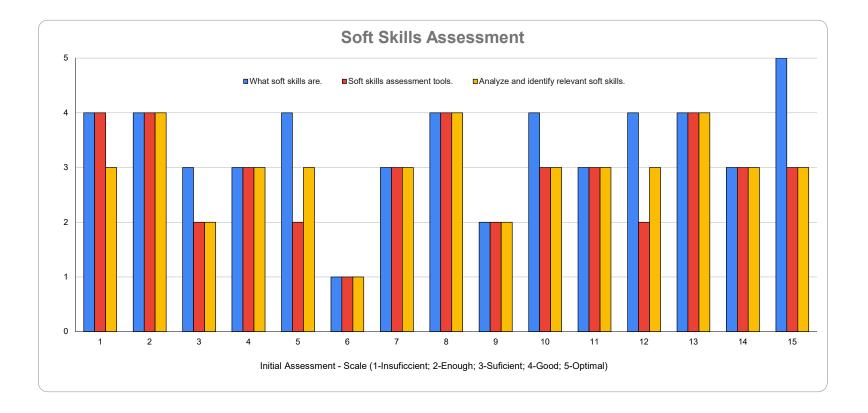
#### Soft Skills Assessment

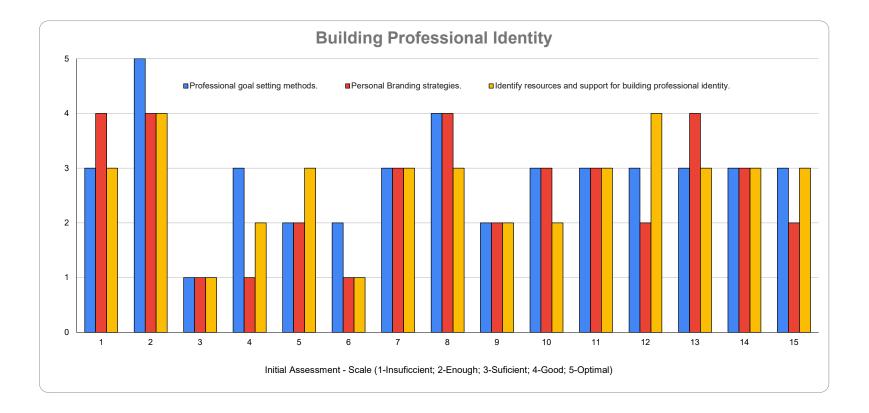
Inicial Assesment Participants	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
What soft skills are.	4	4	3	3	4	1	3	4	2	4	3	4	4	3	5
Soft skills assessment tools.	4	4	2	3	2	1	3	4	2	3	3	2	4	3	3
Analyze and identify relevant soft skills.	3	4	2	3	3	1	3	4	2	3	3	3	4	3	3

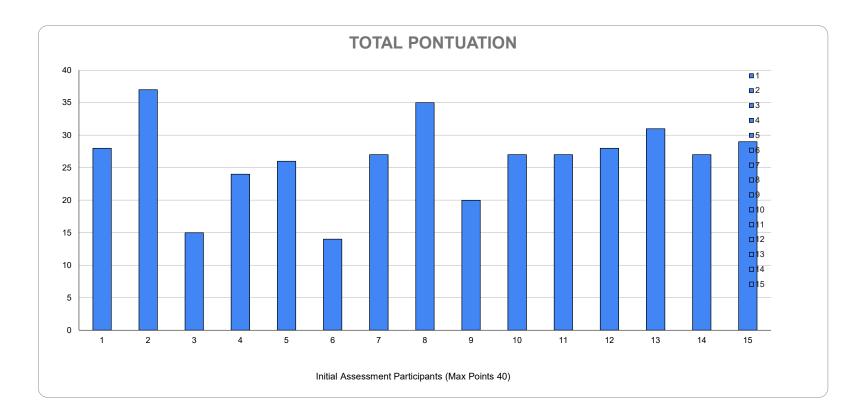
#### **Building Professional Identity**

Inicial Assesment Participants	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Professional goal setting methods.	3	5	1	3	2	2	3	4	2	3	3	3	3	3	3
Personal Branding strategies.	4	4	1	1	2	1	3	4	2	3	3	2	4	3	2
Identify resources and support for building professional	3	4	1	2	3	1	3	3	2	2	3	4	3	3	3
Inicial Assesment Participants	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15











## **ASSESSMENT TOOL - FINAL ASSESSMENT**

My Professional ID (2022-1-IT	02-KA210	-ADU-0000	84814)		ATION BILITY				-	n January - 1st Fel rofessional Identi					
EVALUATION CRITERIA EVALUATE FROM 1-5															
1 Insuficcient 2 Enough 3 Sufficient 4 Good 5 Optimal															
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Professional Competencies Assessment															
Definition and types of professional competencies.	5	5	4	5	4	4	5	5	5	5	5	4	5	5	1
Competency assessment tools.	4	5	4	5	5	4	5	5	5	5	5	5	5	5	3
Identifying personal strengths and areas for improvement.	4	5	4	5	5	3	5	5	5	5	4	4	5	4	4
Soft Skills Assessment															
What soft skills are.	5	5	5	5	5	4	5	5	5	5	5	5	5	5	5
Soft skills assessment tools.	4	5	4	5	5	4	5	5	5	5	5	4	5	5	4
Analyze and identify relevant soft skills.	5	5	5	4	5	4	5	5	5	5	4	4	5	5	4
Building Professional Identity															
Professional goal setting methods.	4	5	5	4	5	4	5	5	5	5	4	4	5	4	4
Personal Branding strategies.	5	5	4	4	4	3	5	5	5	5	5	3	5	4	3
Identify resources and support for building professional identity.	4	5	4	5	5	4	5	5	5	5	5	5	5	4	4
TOTAL	35	5 45	39	42	43	34	45	45	45	45	42	2 38	45	41	1 32

### Final Assessment - Scale (1-Insuficcient; 2-Enough; 3-Suficient; 4-Good; 5-Optimal)

#### **Professional Competencies Assessment**

1 1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
5	5	4	5	4	4	5	5	5	5	5	4	5	5	1
4	5	4	5	5	4	5	5	5	5	5	5	5	5	3
4	5	4	5	5	3	5	5	5	5	4	4	5	4	4
oft Skills Assessment														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
5	5	5	5	5	4	5	5	5	5	5	5	5	5	5
4	5	4	5	5	4	5	5	5	5	5	4	5	5	4
5	5	5	4	5	4	5	5	5	5	4	4	5	5	4
Building Professional Identity														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
4	5	5	4	5	4	5	5	5	5	4	4	5	4	4
5	5	4	4	4	3	5	5	5	5	5	3	5	4	3
. 4	5	4	5	5	4	5	5	5	5	5	5	5	4	4
	5 4 4 4 5 5 4 5 5 4 5 5 1 4 5 5	5     5       4     5       4     5       1     2       5     5       4     5       5     5       4     5       4     5       4     5       5     5       4     5       5     5       4     5       5     5	5   5   4     4   5   4     4   5   4     1   2   3     5   5   5     4   5   5     4   5   5     4   5   5     4   5   5     4   5   5     4   5   5     5   5   5     4   5   5     5   5   4	5   5   4   5     4   5   4   5     4   5   4   5     4   5   4   5     4   5   4   5     1   2   3   4     5   5   5   5     4   5   5   4     5   5   5   4     5   5   5   4     4   5   5   4     4   5   5   4     5   5   4   4	5   5   4   5   4     4   5   4   5   5     4   5   4   5   5     4   5   4   5   5     4   5   4   5   5     1   2   3   4   5     5   5   5   5   5     4   5   4   5   5     5   5   5   4   5     5   5   5   4   5     5   5   5   4   5     4   5   5   4   5     5   5   4   4   4	5   5   4   5   4   4     4   5   4   5   5   4     4   5   4   5   5   3     1   2   3   4   5   6     5   5   5   5   5   4     4   5   4   5   5   5     1   2   3   4   5   4     4   5   4   5   5   5   4     5   5   5   4   5   4   5   4     4   5   4   5   5   4   5   4     5   5   5   4   5   4   5   4     4   5   5   4   5   4   5   4     4   5   5   4   5   4   3	5   5   4   5   4   4   5     4   5   4   5   5   4   5     4   5   4   5   5   4   5     4   5   4   5   5   3   5     1   2   3   4   5   6   7     5   5   5   5   5   4   5     4   5   4   5   5   4   5     5   5   5   5   4   5   5     4   5   4   5   4   5     5   5   5   4   5   5     4   5   5   4   5   5     4   5   5   4   4   3   5	5   5   4   5   4   4   5   5     4   5   4   5   5   4   5   5     4   5   4   5   5   4   5   5     4   5   4   5   5   3   5   5     4   5   4   5   5   3   5   5     1   2   3   4   5   6   7   8     5   5   5   5   5   4   5   5     4   5   4   5   5   5   5   5     5   5   5   4   5   4   5   5     5   5   5   4   5   4   5   5     4   5   5   4   5   4   5   5     5   5   4   5   4   5   5   5     4   5   5   4   4   4   3   5   5	5   5   4   5   4   4   5   5   5     4   5   4   5   5   4   5   5   5   5     4   5   4   5   5   4   5   5   5   5     4   5   4   5   5   3   5   5   5     4   5   4   5   5   5   3   5   5   5     1   2   3   4   5   6   7   8   9     5   5   5   5   4   5   5   5   5     4   5   4   5   4   5   5   5   5     5   5   5   4   5   4   5   5   5     5   5   5   4   5   4   5   5   5     4   5   5   4   5   4   5   5   5     5   5   4   5   4 <td>5   5   4   5   4   4   5   5   5   5     4   5   4   5   5   4   5   5   5   5   5     4   5   4   5   5   4   5   5   5   5   5     4   5   4   5   5   3   5   5   5   5     4   5   4   5   5   3   5   5   5   5     1   2   3   4   5   6   7   8   9   10     5   5   5   5   4   5   5   5   5   5     4   5   4   5   5   4   5   5   5   5     5   5   5   4   5   4   5   5   5   5     5   5   5   4   5   4   5   5   5   5     6   7   8   9   10   4<td>5 5 4 5 4 4 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11   5 5 5 5 5 4 5 5 5 5   4 5 4 5 5 5 5 5 5   5 5 5 4 5 4 5 5 5   5 5 5 4 5 4 5 5 5 5   4 5 5 4 5 6 7 8 9 10 11   4 5 5 4 5 4 5 5 5 5 4</td><td>5 5 4 5 4 5 5 5 5 5 4   4 5 4 5 5 4 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12   5 5 5 5 4 5 5 5 5 5   4 5 4 5 5 5 5 5 4 4   5 5 5 4 5 4 5 5 5 5 4   4 5 5 4 5 5 5 5 5 4   4 5 5 5 5 5</td><td>5 5 4 5 4 4 5 5 5 5 4 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12 13   5 5 5 5 5 4 5 5 5 5 5   4 5 4 5 4 5 5 5 5 5 5   4 5 5 4 5 4 5 5 5 5 4   5 5 5 4 5 5 5 5 5</td><td>5   5   4   5   4   5   5   5   5   4   5   5     4   5   4   5</td></td>	5   5   4   5   4   4   5   5   5   5     4   5   4   5   5   4   5   5   5   5   5     4   5   4   5   5   4   5   5   5   5   5     4   5   4   5   5   3   5   5   5   5     4   5   4   5   5   3   5   5   5   5     1   2   3   4   5   6   7   8   9   10     5   5   5   5   4   5   5   5   5   5     4   5   4   5   5   4   5   5   5   5     5   5   5   4   5   4   5   5   5   5     5   5   5   4   5   4   5   5   5   5     6   7   8   9   10   4 <td>5 5 4 5 4 4 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11   5 5 5 5 5 4 5 5 5 5   4 5 4 5 5 5 5 5 5   5 5 5 4 5 4 5 5 5   5 5 5 4 5 4 5 5 5 5   4 5 5 4 5 6 7 8 9 10 11   4 5 5 4 5 4 5 5 5 5 4</td> <td>5 5 4 5 4 5 5 5 5 5 4   4 5 4 5 5 4 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12   5 5 5 5 4 5 5 5 5 5   4 5 4 5 5 5 5 5 4 4   5 5 5 4 5 4 5 5 5 5 4   4 5 5 4 5 5 5 5 5 4   4 5 5 5 5 5</td> <td>5 5 4 5 4 4 5 5 5 5 4 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12 13   5 5 5 5 5 4 5 5 5 5 5   4 5 4 5 4 5 5 5 5 5 5   4 5 5 4 5 4 5 5 5 5 4   5 5 5 4 5 5 5 5 5</td> <td>5   5   4   5   4   5   5   5   5   4   5   5     4   5   4   5</td>	5 5 4 5 4 4 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 4 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11   5 5 5 5 5 4 5 5 5 5   4 5 4 5 5 5 5 5 5   5 5 5 4 5 4 5 5 5   5 5 5 4 5 4 5 5 5 5   4 5 5 4 5 6 7 8 9 10 11   4 5 5 4 5 4 5 5 5 5 4	5 5 4 5 4 5 5 5 5 5 4   4 5 4 5 5 4 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12   5 5 5 5 4 5 5 5 5 5   4 5 4 5 5 5 5 5 4 4   5 5 5 4 5 4 5 5 5 5 4   4 5 5 4 5 5 5 5 5 4   4 5 5 5 5 5	5 5 4 5 4 4 5 5 5 5 4 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5 5   4 5 4 5 5 3 5 5 5 5 5   4 5 4 5 5 5 5 5 5 5 5   1 2 3 4 5 6 7 8 9 10 11 12 13   5 5 5 5 5 4 5 5 5 5 5   4 5 4 5 4 5 5 5 5 5 5   4 5 5 4 5 4 5 5 5 5 4   5 5 5 4 5 5 5 5 5	5   5   4   5   4   5   5   5   5   4   5   5     4   5   4   5

Final Assesment Participants	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
TOTAL	35	45	39	42	43	34	45	45	45	45	42	38	45	41	32



